



35 Devonshire Place, Lower Ground Floor, London, W1G 6JP
0207 486 1010 | info@swedishsmileclinic.co.uk | www.swedishsmileclinic.co.uk

note: a charge may be made for missed appointments - 24 hours notice required for cancellations

COVID -19 Recovery Plans for Swedish Smile Clinic

Cross Infection Control

During this phase of limited re-opening we must be mindful of the potential routes of spread of any virus particles. We must employ first principles of viral spread until further scientific information sheds light on these unknowns.

1. Main Routes of Spread for the Virus are

- Through the respiratory system – droplet or aerosol (Under 5 microns = aerosol)
- Hand to hand contact
- Contaminated surface contact The 'spread' must enter the mucosal membranes, eyes or mouth to have a chance of causing infection. It cannot infect through the skin. Therefore, our cross infection must be tailored towards reducing spread of the virus through these routes.

2. Ways of Reducing Transmission

- Effective hand hygiene.
- Reducing the risks of contamination via surface contact.
- Appropriate PPE for the dental team and minimising transmission from ANY patient
- Effective decontamination processes of all work surfaces and instruments and equipment.



SWEDISH SMILE CLINIC

35 Devonshire Place, Lower Ground Floor, London, W1G 6JP
0207 486 1010 | info@swedishsmileclinic.co.uk | www.swedishsmileclinic.co.uk

note: a charge may be made for missed appointments - 24 hours notice required for cancellations

3. Main Areas of Cross-infection Advice PPE requirements

- At present, we consider any aerosol generating procedures (AGPs) to require a higher level of PPE than non- aerosol generating procedures (non- AGPs).
- Strict donning and doffing protocols with dedicated rooms for de-robing has been implemented.
- Appropriate down time for staff members when wearing high level PPE to prevent pressure sores occurring, dehydration and exhaustion.
- All staff members have adequate amount of 'Uniforms' for work and follow appropriate bagging and cleaning protocol for uniforms at the end of the clinical day.
- Patients will be told to wear masks or face coverings on site to reduce risk of respiratory spread to others.
- Strict hand hygiene protocol for practice to reduce transmission and self-contamination. Staff and Swedish Smile Covid 19 Documents patients will be advised to avoid touching eyes, nose and mouth.

Process and Protocols

1. General

- All staff are up to date with their CPD and core training requirements as well as current COVID- 19 guidelines
- We ensured all staff have been immunised against the current circulating influenza strains
- We will defer non-urgent treatment for patients with chronic disease, particularly cardiovascular or respiratory disease; those who are immunocompromised e.g. currently under cancer treatments or insulin dependent diabetics for the first 6 weeks.



SWEDISH SMILE CLINIC

35 Devonshire Place, Lower Ground Floor, London, W1G 6JP
0207 486 1010 | info@swedishsmileclinic.co.uk | www.swedishsmileclinic.co.uk

note: a charge may be made for missed appointments - 24 hours notice required for cancellations

- We will conduct Pre-appointment COVID-19 screening phone call of patients 24-48 hours before their appointment
- Any positive responses should be discussed with the dentist to determine if appointment can be postponed and patient should self-isolate.
- We will be using an automated patient reminder system, consider modifying text to include
- "If you have a fever, any flu like symptoms, have travelled overseas in the last 14 days, and/or are in home isolation please call **Swedish Smile Clinic** on **02074861010** regarding your upcoming appointment"
- A sign will be placed at the entrance of the surgery asking patients to wait in their car upon arrival. Patients will only be permitted entry to the practice only immediately prior to their appointment or to use the bathroom. This allows patients to avoid waiting in the waiting room.
- The receptionist will undertake a pre-appointment questionnaire over the phone.
- Once the pre- appointment question is completed and is authorised by the dentist the patient will be asked to check in remotely.
- The dental receptionist will carryout a temperature check at the patient entrance door. Using an Infra Red touchless forehead thermometer
- Patients arriving early will be asked to wait in their car or in the event the patient took public transport to the surgery patient will be asked to wait in the waiting room for a maximum of 5mins only prior to their appointment with defined maximum occupancy where 2m distance will be respected.
- An auto dispenser is made available for patient use as they will be required to sanitized their hands for 20 seconds upon entry to the practice.
- We have removed all clutter from the waiting room, to include magazines, plants and drinking water stations. There will be no serving of hot drinks in



SWEDISH SMILE CLINIC

35 Devonshire Place, Lower Ground Floor, London, W1G 6JP
0207 486 1010 | info@swedishsmileclinic.co.uk | www.swedishsmileclinic.co.uk

note: a charge may be made for missed appointments - 24 hours notice required for cancellations

the waiting room. A glucose drink will be provided in the event of an medical emergency.

- There will be no hand shaking or physical contact.
- Patients will be asked to attend alone or only bring minimal additional accompanying persons being mindful of consent requirements and family commitments.
- There will be regular 20 minutes wipe down of all surfaces using an alcoholic wipe to include the patients waiting area, toilets, door handles and patients **chairs.**

2. Clinical Rooms

- To nurse will carry out regular wipe down of surfaces of high risks of transmission (e.g. Door handles, work surfaces etc.) in-between treatments and post treatment.
- We have reduced all clutter in surgeries, for example we have remove consumables from surfaces, each team member to have dedicated pen for personal use and no sharing
- Appropriate wiping down of keyboards.
- We have reviewed the practices Infection Control Policy and has implemented changes to meet the government guidelines.
- We have considered longer appointments to allow enough time between treatments to enable additional infection control measures including environmental cleaning
- In order to reduce unnecessary travel to the practice, we will endeavour to completed all treatment during one visit when possible during patient encounter e.g.: longer appointment times for less patients per day
- All protocol for working with laboratories were recently updated is our intention to movement towards digital impressions in the next 6 months so as to reduce the travel of impression material around



SWEDISH SMILE CLINIC

35 Devonshire Place, Lower Ground Floor, London, W1G 6JP
0207 486 1010 | info@swedishsmileclinic.co.uk | www.swedishsmileclinic.co.uk

note: a charge may be made for missed appointments - 24 hours notice required for cancellations

General Challenges and Risks in line with COVID -19

- Ms Ann-Marie Miller, our practice's compliance manager is the designated member of staff who is responsible to monitor changes to central guidance as it occurs (DOH, CQC, CDO, HTM015, PHE)
- There are great possibilities of a lack of supplies of PPE to dental practices. In order to prevent further closure of the practice due to PPE ration, Ann-Marie will carry out an audit of the usage of our PPE and the flow of PPE supplies to the practice in line with government guidelines as well as assess the cost. We will have regular staff meetings to discuss PPE rationing, and make decisions as to when to change PPE during the clinical session.
- In the event a staff member becomes symptomatic staff coverage is agreed with a few locum staff.

This plan was written and implemented on the 21 May 2019 and will be reviewed in 3 months.